

CERTIFICATE

OF PARTICIPATION

This is to certify that

Michael Mcintyre

Has successfully participated & completed the

5km Shift Wellness - Summer Trail Run

held at Walter Sisulu Garden.

TIME 00:29:23

PACE 05:51/km **OVERALL** 2 of 114

27 January 2019, Sun

Date

GENDER 2 of 42

OPEN 2 of 18



BoutZime

Signature